



Information for
Parents of Students at
SUVILAHTI
SCHOOL
About
School Travel

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SUVILAHTI SCHOOL students can travel to school safely by walking or cycling. The area has many cycle paths, sidewalks, and safe crossing points.

With younger children, it is a good idea to explore safe school routes together with an adult. Walking and cycling help children start the school day feeling awake and energized. At the same time, children get important daily exercise.

We hope that as many students as possible travel to school independently whenever it is possible.

Have a safe and enjoyable journey to school!

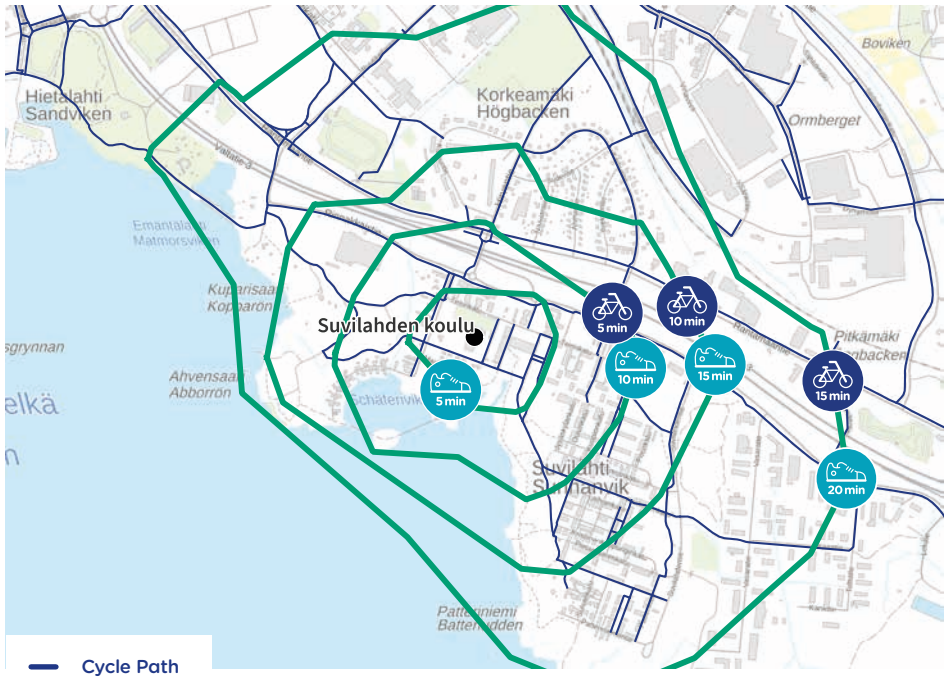
Best wishes from the teachers and staff of Suvilahdi School



School Area, Routes and Drop-off Traffic



How Long Does the Journey to School Take on Foot or by Bicycle



Recommended Walking and Cycling Routes

The recommended routes and road crossings marked on the map have been selected to provide the safest possible routes for walking and cycling. Interactions with heavy motor traffic have been minimized. Families are encouraged to learn safe school routes and traffic rules together. Children and young people should also be reminded throughout the school year about safe routes and responsible behaviour in traffic. When travelling, always pay attention to your surroundings and keep your phone in your pocket.

Drop-off Traffic

Whenever possible, children should be accompanied to school on foot or by bicycle. Car drop-off traffic causes congestion around schools and increases traffic risks. If it is necessary to drive a child all the way to school, parents are encouraged to follow the school's drop-off traffic instructions. Older pupils should preferably be dropped off a short distance from the school. This can be done at the remote drop-off locations marked on the map. Reducing vehicle traffic near the school helps create a safer environment for children travelling on foot or by bicycle.



School Journeys Are an Opportunity

- Less screen time, more outdoor activity and exercise.
- Travelling with friends helps develop social and communication skills.
- The journey to school contributes to the recommended daily amount of physical activity.
(At least 1-2 hours of varied, age-appropriate physical activity each day.)
- School journeys help children learn independent mobility skills.
- Physical activity refreshes the mind and supports learning.
- Walking and cycling help children recover and unwind after the school day.