



Information for
Parents of Students at
**ONKILAHTI
COMPREHENSIVE
SCHOOL**
About School Travel

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ONKILAHTI COMPREHENSIVE SCHOOL is a school located in the central area of the city, where pupils can walk or cycle to school safely using cycle paths and sidewalks. Along the school routes, there are busy roads and intersections where pupils must remain attentive.

For younger pupils, parents are encouraged to explore the safest routes together with their children and guide them in using those routes. At school, we have noticed that pupils are able to concentrate better on their studies when physical activity has helped them properly wake up before the

school day begins. Travelling to school independently is an important part of a child's daily physical activity. Walking or cycling is also an environmentally friendly way to travel to school. That is why we encourage all our pupils to come to school using their own muscle power, regardless of whether they study in a general education class, a music class, or a sports class at our school!

We wish everyone a safe and healthy journey to school!

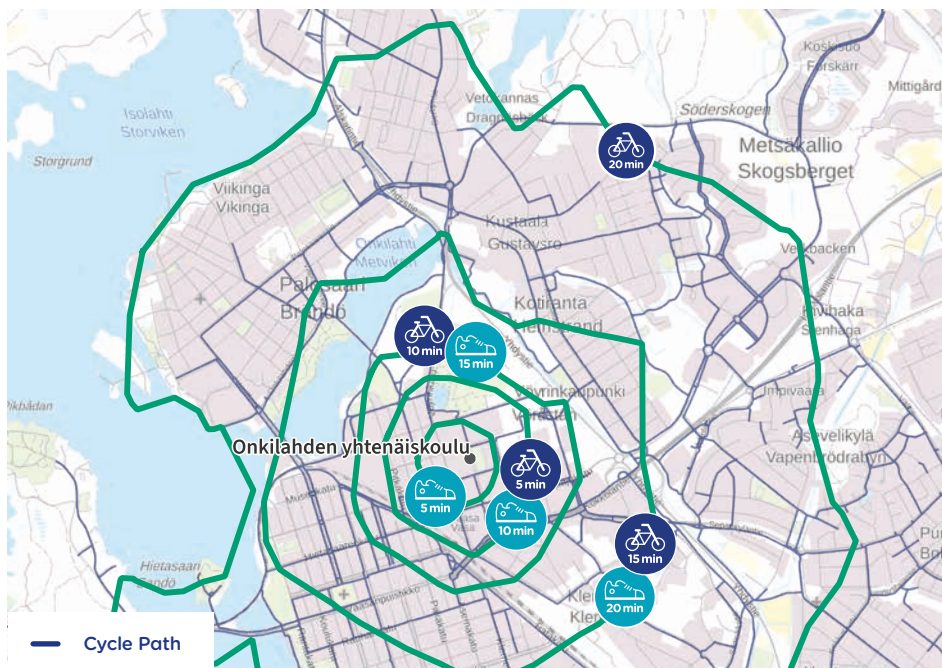
*Best wishes, The teachers
and other staff members*



School Area, Routes and Drop-off Traffic



How Long Does the Journey to School Take on Foot or by Bicycle



Recommended Walking and Cycling Routes

The walking and cycling routes and road crossings marked on the map have been selected to provide the safest possible routes for walking and cycling. Families are encouraged to learn safe school routes and traffic rules together. Children and young people should also be reminded throughout the school year about safe routes and responsible behaviour in traffic. When travelling, always pay attention to your surroundings and keep your phone in your pocket.

Drop-off Traffic

Whenever possible, children should be accompanied to school on foot or by bicycle. Car drop-off traffic causes congestion around schools and increases traffic risks. If it is necessary to drive a child all the way to school, parents are encouraged to follow the school's drop-off traffic instructions. Older pupils should preferably be dropped off a short distance from the school. This can be done at the remote drop-off locations marked on the map. Reducing vehicle traffic near the school helps create a safer environment for children travelling on foot or by bicycle.



School Journeys Are an Opportunity

- Less screen time,
more outdoor activity and exercise.
- Travelling with friends helps
develop social and communication skills.
- The journey to school contributes
to the recommended daily amount
of physical activity.
(At least 1-2 hours of varied,
age-appropriate physical activity each day.)
- School journeys help children
learn independent mobility skills.
- Physical activity refreshes
the mind and supports learning.
- Walking and cycling help
children recover and
unwind after the school day.