

VAPAAEHTOISTOIMINTA

OSALLISEKSI YHTEISKUNNASSA

Voluntary work – possibility to be a part
in Finnish society

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Voluntary work in Finland

One of three in Finland do voluntary work

- 1.4 million

Average 18 hours /month

Most commonly in sports, with children, young or elderly people

Over 60% in organisations, but also more and more spontaneously and organized by own.

(Data: HelsinkiMissio)

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Voluntary work – for me?



Well-being for all ages
Social participation

- to be social, to be part

New skills

New friends

Pathes to studies or to work

New experiences

- or need just something new?

Empowering and enabling

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TO GIVE A HAND FOR ANOTHER PERSON

Concrete help

Support people
Listener and confidant
Peer support

'Helping people brings meaning to one's life'



You can give a possibility to participate by your help

Come as You are

- Personality
- Knowledge
- Skills
- Life experience

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WHAT ABOUT IN SOCIETY?

Yhdenvertainen osallistuminen, osallisuus, luottamus

Through voluntary work:

Equal possibilities to all

To participate

Involvement

A part of a society, get in to societies



HYVÄT VÄESTÖSUHTEET GOOD RELATIONS

- Important to increase interaction between population groups
- Good relations retains stability in democracies and increase social harmony
- Voluntary work increases confidence and security: Rainmaker effect

Sateentekijävaikutus: luottamuksen ”sade” laskeutuu myös ympäröivän yhteisön hyväksi

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Voluntary work – civil right

- Reduce prejudice
 - 'from differences to similarities'
 - It needs conscious work (to increase)
 - encountering
 - awareness
 - discrimination free atmosphere
- ..also in voluntary work

And:

Language is not a barrier: methods to equally participate in different languages (groups, mentoring)

'Luottamus ennalta tuntemattomaan, yksilön lähipiirin ulkopuolella olevaan ihmiseen lisää koko yhteiskunnan sosiaalista pääomaa'

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Together

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